DOTHILL PRIMARY SCHOOL

Severn Drive, Wellington, Telford, Shropshire, TF1 3JB Telephone 01952 386870



Head Teacher: Becca Butler

Dear Parents/Carers,

We are happy to be able to offer an opportunity for your children to partake in a 'Fitness Friday'. 'Fitness Friday' is an opportunity where your child can come into school in their P.E kit and, during their break time, they are able to come and take part in the 'Active 8 Workouts' by The Body Coach with Miss Jobe.

These Fridays will be timetabled so each Phase (1/2, 3/4 and 5/6) will have an opportunity to take part on alternating weeks, please see the timetable shown below:

Fitness Friday Timetable					
Key Phase:	Friday 11 th March	Friday 18™ March	Friday 25 th March	Friday 1 st April	Friday 8™ April
Phase 1/2			\checkmark		
Phase 3/4	\checkmark			\checkmark	
Phase 5/6		\checkmark			\checkmark

If your child would like to take part in our 'Fitness Friday' then on the dates above they can come into school in their P.E kit. At the beginning of their break times, they can come to the large hall and afterwards Miss Jobe will take them back to their classes.

They do not have to take part if they do not wish to, if they choose not to take part, they must come to school in their school uniforms as normal.

Yours sincerely,

Miss Jobe





