



PSHE Recovery Curriculum Rationale



As we embark on the process of returning to 'normal' after Covid19, we are putting our pupil's well-being at the centre of our thinking. We recognise that the children will have had different experiences during school closures. However, the universal theme running through all is the loss of routine, structure, friendship and opportunity. After long periods of isolation, returning to a 'normal' school day may be challenging for some. With this in mind, staff have thought carefully about the most effective way to support your child's ability to learn with a significant focus on pupils' wellbeing.

Each week there will be a 'Wellbeing Wednesday' which will focus heavily on supporting children's mental wellbeing after school closure and lockdowns. We plan to use pupil questionnaires to hear our pupil's voices and to support them. Themed weeks are planned in for the rest of the year including topics such as citizenship, the environment, around the world and health and fitness. As part of PSHE, the Jigsaw Recovery units will provide opportunities for pupils to develop in areas including belonging and feeling safe at school, reconnecting with friends, managing worries and fears, as well as being positive and looking forward to learning. These will provide pupils with opportunities to develop skills needed to return to learning at Dothill safely, healthily and happily.