

**Healthy Child Programme 0 -19 Service**

14 Leonard Street  
Oakengates  
Telford  
Shropshire  
TF2 6EU

Telephone: 0333 358 3328

Website: [www.shropscommunityhealth.nhs.uk](http://www.shropscommunityhealth.nhs.uk)

9<sup>th</sup> January 2020

Dear Parent or Carer,

Re: Healthy Child Programme (HCP) Growth Measurements & National Child Measurement Programme (NCMP)

Height and weight checks for children in Reception to monitor growth and stature.

The Healthy Child Programme (HCP) growth measurement will be completed by a member of the Public Health Nursing Service at school in a private space away from other pupils. Children who take part will be measured fully clothed except for their coats and shoes. Routine data such as your child's name, date of birth, sex, address, postcode and ethnicity will also be collected.

Your child's measurement will also be used to measure their growth and inform the National Child Measurement Programme (NCMP).

The NCMP provides information to help build an understanding of national and local trends in child weight. It is important to have a good understanding of how children are growing, so that the best possible advice and support can be provided for them and their families.

The data from all schools in the area will be gathered together and held securely by our Local Authority Public Health team. This data helps us plan the provision of services locally to support healthy weight and lifestyles.

Please note that we store your child's information on their health record. No individual measurements will be given to your child, school staff or other children, and all information will be treated confidentially.

Following your child's measurement, we will send you your child's results. Some parent/carers may also receive a telephone contact from a member of the Public Health Nursing Service (formally School Nursing) prior to receipt of their letter to provide additional support as required.

If you would like to discuss your child being measured or if your child has a medical condition that you think may affect their measurements, please do not hesitate to contact the NCMP advice line below and leave a message. A qualified nurse will then contact you within 5 working days.

NCMP Advice line: 01952 309012

Withdrawing your child out of the programme

If you are happy for your child to be weighed and measured, you do not need to do anything.

**If you do not want your child to take part, please return the slip at the end of this letter to the school and your child will not be measured.** Children will not be made to participate if they do not want to.

Yours faithfully



Sandra Williamson  
Emotion, Health and Wellbeing Public Health Nurse, School Nursing  
Healthy Child Programme 0-19 service

Withdrawing your child out of being weighed and measured (please tick box)

Return this form if you **do not want** your child to participate.

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**I do not wish** my child to be weighed and measured for the National Child Measurement Programme.

Child's name	
Child's date of birth	
Child's school	
Parent/carer name	
Parent/carer signature	

On completion, please return this slip to the school office