DOTHILL NEWS

Be Your Best

Don't forget to check the school website for regular updates. www.dothillprimaryschool.co.uk

Check out our Facebook page: Dothill Primary School, Telford

18.07.25

Contact school on 01952 386870 or by email on <u>dothill@taw.org.uk</u>

Dazzling Dotties Weekly Update Attendance Important Dates Reminders Mental Health SEND EYFS Internet Safety



There was a definite theme today – kindness! Our wonderful children were chosen for their stand-out contributons throughout the year. These were the children who would have been chosen by their peers and every member of staff.

In addition, our sporting pair's achievements in swimming and a Back Belt in kickboxing were also shared!

What have we been up to ...?

A whole year has drawn to a close – and what a fabulous year it has been!

This week, we have been treated to our wonderful Year 6 production of *Aladdin Trouble* where we saw so many future stars, whether they were acting, singing their hearts out, organising the props or ensuring the music and special effects were all in the right place!

The whole school enjoyed their picnic lunch – we were treated to wonderful weather, delicious food from our superb school catering team and opportunities for everyone to each other's company.

We've also had printing workshops going on this week in Year 2, forest art work in Year 4, dojo afternoons and much more!

We all hope you have a fabulous summer with your nearest and dearest, and we look forward to seeing back to school on Tuesday, 2nd September.

Attendance

Why is punctuality so important?

Being on time is vital. Arriving late to school can be very disruptive for your child, their teacher and the other children in the class. It is important that children understand the importance of time keeping and being organised.

There may be times when parents are finding it difficult to ensure that their child attends school regularly. If this is the case, it is important to talk to school as soon as possible.



Well done to all those pupils that have achieved above 96% attendance this academic year 🐵



Mental Health and Wellbeing



- Find a relaxing place, sit comfortably, and set a timer for one minute.
- Breathe deeply in and out while paying attention to any sensations you notice or sounds you hear.
- Take another slow deep breath, imagine the air moving down into the lungs and back up.
- Take one more deep breath and hold for a moment, then release it.





Finding a jar or plastic bottle and allow

2 CREATE A GLITTER JAR

- your child to decorate it however they like. Fill the bottle up 3/4 of the way with water.
- Next, add clear glue, food coloring, and glitter then shake.
- Seal the lid and you are ready to go.

3 HEARTBEAT EXERCISE

- Ask your child to stand up and either jump up and down or do jumping jacks for one minute.
- At the end of that minute, have them place their hand on their heart and pay attention to how their heartbeat and their breathing feels.



GOING ON A SAFARI

• Go outside on an exciting adventure, try picking up a small rock or touching a plant or flower. earth.

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- Notice the bugs or the birds. Take a moment to kneel down and touch the Walk mindfully paying close attention
- to everything. Make sure you walk in silence because you want to notice all those little details.

TENSE AND RELEASE MUSCLE RELAXATION

- Starting at the feet, gently squeeze the muscles in the feet by tightening them, then slowly releasing.
- Next, squeeze the large muscles in the calves for 5 seconds, then gently release. Working your way up the body, squeeze the thigh muscles for 5 seconds then gently release. Continue moving up the body for
- more relaxation.



Big Life Journal - biglifejournal.com

PODS Happy Healthy Active Holiday Scheme

This scheme is open to all aged 0-25, including siblings. Each child/ young person attending will receive a free lunch, Adults must accompany throughout the sessions. Please book your spaces via the QR code or via the link. Lunch forms will be sent out prior to your sessions.

Course and Courses	LAGED 0-25, INCLUDING SIBLINGS.
EACH ATTENDIN ADULTS M	IG CHILD WILL RECEIVE A FREE LUNCH. UST ACCOMPANY THROUGHOUT. SCAN THE QR CODE TO BOOK.
Wednesday 30 th July 10am-1pm	Meet us at Wenlock Priory for investigating ruins, fun outdoor games and a picnic £4 per person
Thursday 31 st July 10am-12pm <u>or</u> 1pm-3pm	A fun cooking session held at PODS Hub, we will have time to cook and eat our lunches alongside games and arts £5 per child
Monday 4 th August 10am-12pm	Join us at PODS Hub for a gardening session to design your own pots and maintain our PODS garden with a pack lunch included £4 per child
Tuesday 5 th August 10am-1pm	Meet us at Blist hill Victorian museum, lunch included for children/ young person. £4 per person.
Tuesday 12 th August 10am-12:30pm <u>or</u> 1pm- 3:30pm	A fun crafts session at the PODS Hub, lunch included for child/ young person £4 per person.
Wednesday 13 th August 9.15am-1.45pm	Coach trip to Shrewsbury Prison, explore the history and try out the prison cells with your Family. Lunch included for child/young person. Please note unfortunately this trip is not wheelchair friendly £6 per person
Friday 15 th August 10am-1pm	Meet us at Blist hill Victorian museum, lunch included for children/ young person. E4 per person.
Wednesday 20 th August 10am-1pm	Meet us at Blist hill Victorian museum, lunch included for children/ young person. £4 per person.
Tuesday 26 th August 10am-12pm	Join us for a teddy bears picnic at the PODS Hub with funs and games and lunch included for child/ young person £4 per child
Wednesday 27 th August 10am-1pm	Meet us at Attingham Park for exploration of the grounds and manor house with a pack lunch included for child/young person £4 per person
Friday 29 th August 10am-1pm	Meet us at Blist hill Victorian museum, lunch included for children/ young person. E4 per person

Blists Hill - SOLD OUT

Wenlock Priory 30th July 10am-1pm

Meet us at Wenlock Priory to investigate ruins fun outdoor games and a picnic lunch provided for the child/young person £4 per person

https://www.ticketsource.co.uk/Parents-Opening-Doors-PODS/t-yaoekzz

Cooking Sessions - SOLD OUT

Gardening - SOLD OUT

Crafts Sessions 12th August 10am-12.30pm (SOLD OUT) or 1pm-3.30pm

A fun crafts session at the PODS Hub, lunch will be included for the child/young person £4 per child

https://www.ticketsource.co.uk/Parents-Opening-Doors-PODS/e-ddyxym

Shrewsbury Prison 13th August 9.15am-1.45pm

Join us for a coach trip to Shrewsbury Prison to explore history and try out the prison cells with your family. Lunch included for child/young person. Please not unfortunately this trip is not wheelchair friendly £6 per person

https://www.ticketsource.co.uk/Parents-Opening-Doors-PODS/t-noamzpg

Teddy Bears Picnic 26th August 10am-12pm

Join us for a teddy bears picnic at the PODS Hub with fun and games and lunch included for the child/young person £4 per child

https://www.ticketsource.co.uk/Parents-Opening-Doors-PODS/t-xmeappl

Attingham Park 27th August 10am-1pm

Join at Attingham park to explore the grounds and manor house with a pack lunch included for the child/young person £4 per person

https://www.ticketsource.co.uk/Parents-Opening-Doors-PODS/t-xmedlkz



Early Years Foundation Stage (EYFS)

Over the summer break, there are lots of things you could do to support the transition from EYFS into Year One.

Keeping a 'Summer Scrapbook' filled with thoughts, memories, pictures and drawings of your child's summer would be a great way for your child to continue to use the skills they have been building in EYFS. The scrapbook would be a great talking point for when they return to school.



Your child could also have a go at making their own book or poster about starting Year One. They could draw their classroom, their teacher and their friends. This is a good way to encourage positive discussion around the move and to help them feel comfortable about their new, exciting learning environment.

Playing games that involve counting, spotting numbers or letters and talking about stories are also helpful activities.

We would like to thank all our children and families for a wonderful year in EYFS. It has been a real privilege to spend time together with the children. We have enjoyed watching friendships blossom, observing confidence and independence developing through play, and seeing each child flourish over their time in Reception. We wish everyone well as they move into Year One, we know the children will continue to make us proud!

Dates for your diary

More dates will follow at the start of next term.

September

- 1.9.25 PD Day (no children in school)
- 2.9.25 Welcome back to the new year
- 24.10.25 Break up for half term
- 3.11.25 PD Day (no children in school)
- 4.11.25 Return to school
- 10.11.25 Parent Consultations
- 11.11.25 Parent Consultations

